

ST. BONIFACE PARISH, UNIONTOWN

ST. GALL PARISH, COLTON

PASTOR: Father Joseph Sullivan – 229-3548/[stgbcc@gmail.com](mailto:stgbcc@gmail.com)/P.O. Box 108, Colton

[www.saintbonifaceandsaintgall.org](http://www.saintbonifaceandsaintgall.org)

### **PRIVATE HOLY MASSES:**

Tuesday Mar 31 - Father's Intention  
Wednesday Apr. 1 - Carroll Schultheis  
Thursday Apr. 2 - Duane Moser  
Friday Apr. 3 - St Gall Altar Society

### **ANNOUNCEMENTS:**

No church/parish activities/meetings should happen in person but should meet virtually as suggested by the diocese.

**BULLETIN EDITOR:** SUE SEMLER – [sdsemler@inlandnet.com](mailto:sdsemler@inlandnet.com); (509)229-3206.

**The following link is from our Bishop** on the importance of our Catholic school in our Diocese and Catholic schools everywhere. It was done for Catholic schools week but is relevant for all times. Please share this video even with non-Catholics as to the great benefit to our future generation in having a Catholic school system in place to be salt and light for the world.: <https://spokanediocese.flocknote.com/note/5661555/video/251616674>

**Catholic Radio/TV:** [www.sacredheartradio.com/](http://www.sacredheartradio.com/) 970 AM; Catholic TV: EWTN Dish 261, [www.ewtn.com](http://www.ewtn.com)

**If anyone needs transportation to Mass,** or for any reason, contact Mary Druffel at (509) 552-6201

**Prayer requests:** Mary Druffel (509) 552-6201 or [mdruffel@live.com](mailto:mdruffel@live.com)

**Parish Website:** [www.saintbonifaceandsaintgall.org](http://www.saintbonifaceandsaintgall.org). **Events calendar, bulletin and more. Please register and choose a way to get involved!!**

**PRAYER REQUESTS:** Carl Urbano (Hong's dad) – health; Karen Kinzer – health; Jerry Broemmeling – health; Steve Alexander – health; Shelley Pitzer (DIL Guy & Arlyce) – health; Eileen Ankerson; Lillian Davis; Mary Ann Noren & Paul; Cammie Utecht ; Dave MoneyMaker; Alma Druffel ; Sheena Becker; Trudy & Leroy Weber; Lynda Devorak; Emily (Druffel) Satter ; Ray McLean; Jeanne Alaga; Mike Angelo; Patty Watson, Lysandra Forkner; Bill & Dee Dee Wood; Tom Faerber; Shandra Duncan, Elaine Mustard; Erika Iiams; Carrol (Oenning) & Jerry Dollar; Mary Rose Anderson/Mark Hanley; Jerry Olson; Tanya Frei; all the sick and suffering, for holy vocations and for the protection of human life from conception to natural death. **Please contact us every two (2) weeks to let us know the status otherwise if we do not hear from you we will remove the request.**

### LENTEN REGULATIONS

- a. Everyone 14 years of age or older is bound to abstain from meat on Ash Wednesday, all the Fridays of Lent and Good Friday.
- b. Everyone 18 or older, and under 59 years of age, is bound to fast on Ash Wednesday and Good Friday.
- c. On Ash Wednesday and Good Friday, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal.
- d. Eating between meals is not permitted. When health or ability to work would be seriously affected, the law does not oblige.
- e. Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.

Dear Parishioners,

I will no longer, as per WA gov and Bishop (pls see included letter from the Bishop), offer confessions in the churches – a perfect act of contrition is on the back of his letter.

Please note that social distancing i.e. physical separation/isolation is the best method for containing the spread of the COVID 19 and hopefully, with God's help and our prayers, this unprecedented disease plaguing the world will be defeated soon - please pray for our church and community!

I ask the people who visit Jesus (and please do) in the Blessed Sacrament to sanitize their hands when coming into the church before they open the doors and wipe the top of the pew when they leave. If more than one is there, please observe 6+ ft physical separation and if you have a cough or sneeze cover your mouth (not with hand) to keep droplets from spreading.

I want to thank you all for your devotion to our Blessed Lord especially at Sunday Mass. The holy sacrifice of the Mass is the epitome, the summit of our spiritual life here and know that I pray for you at all the Masses I offer.

I saw this on Life Site News. It is a good meditation:

"Last night I went to the last public Mass permitted by the Scottish Bishops for goodness knows how long. Never in my life have I imagined that I might not be able to go to Sunday Mass because the Bishops themselves had told priests to shut the doors. When I was a kid I thought maybe the Communists would invade and Catholics would have to go underground, but this pandemic was a contingency I never mentally prepared for. Although I love Mass, I guess I took it for granted it would always be there."

This is a time to explore what we take for granted - our families, friends, even our enemies, and pray for them. It's a time we can read more about and meditate more on the holy sacrifice of the Mass and what the words mean in our Holy Mass.

Please refer to these resources to help you during this time in your walk with God and to keep updated with the latest information from our church and diocese:

<https://us.magnificat.net/free>

<https://www.dioceseofspokane.org/coronavirus>

<http://usccb.org/> for bible readings of the day and other spiritually helpful information

### **Government resources:**

[https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20\\_coronavirus-guidance\\_8.5x11\\_315PM.pdf](https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf)

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

# MEMO



Date: March 25, 2020  
To: All the Faithful of eastern Washington  
From: Most Rev. Thomas A. Daly  
Re: COVID – 19 Update

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As promised, I am writing to provide an update on our diocesan response to the COVID-19 pandemic. The speed at which this infection is spreading only seems to increase. I am very concerned about our health care workers and the potential of overwhelming our hospitals in eastern Washington. I want our parishes and institutions to play a role in preventing the spread of this virus. Therefore, I am announcing the following requirements which will remain in place until Monday, April 13th.

1. All public Masses remain suspended. Priests are to offer private Mass on a daily basis and, to the extent possible, live stream the Mass on the web.
2. All remain dispensed from the obligation to attend Sunday Mass.
3. The Chrism Mass previously schedule for March 31<sup>st</sup> is postponed.
4. Per instruction by the State of Washington, public funeral Masses, memorials, and graveside services are prohibited.
5. The Sacrament of Penance should be celebrated exclusively for those near death. Penitents not in danger of death should be encouraged to make a perfect act of contrition.
6. The Sacrament of the Sick should be limited to those in danger of death. Priests should use proper precautions including the use of a cotton swab to administer the sacrament.
7. Parishes should suspend all office hours, meetings, adoration, stations, and every other parish activity.
8. The public celebrations of Holy Week liturgies are suspended. I will celebrate these liturgies at the Cathedral and they will be live streamed.
9. The Sacraments of Initiation are postponed except in the danger of death.
10. Palms should be blessed and reserved for later distribution.
11. Parishioners are encouraged to regularly connect with their parish websites as well as the diocesan site. At-home prayers and devotions are encouraged.
12. The faithful continue to be encouraged to join me in fasting on Fridays until this pandemic is over.
13. Parishioners are encouraged to maintain their financial support of their parish to the extent possible.

I understand some of these requirements are drastic and disappointing. However, my hope is that they will help to facilitate a speedy end to the spread of COVID-19. I once again entrust the faithful of eastern Washington to the Blessed Mother under the title of Our Lady of Lourdes. Just as God has granted countless healings through her intercession in the past, may we receive that same healing today.

Our Lady of Lourdes, pray for us. Live Jesus in our hearts, forever.

On March 20th, Pope Francis live-streamed a message regarding the issue of people who cannot get to confession because of the COVID-19 lockdown. The Holy Father reminded us of the traditional Catholic teaching on the power of making a perfect act of contrition. He remarked, *"This is the right time, the opportune moment. An act of contrition done well, and our souls will become white like the snow."*

What is a perfect act of contrition? The Catechism of the Catholic Church states that perfect contrition is present when our sadness for sin results from our love for God above all else. In short, perfect contrition is hatred for sin because we love God. On the other hand, imperfect contrition is the result of fear, which is to say, I am sad for my sins because I am afraid of Hell. One type of contrition results from love. The other results from fear.

When we go to sacramental confession, imperfect contrition is sufficient to receive the pardon of our sins. However, in extraordinary circumstances when we cannot get to confession, we can make an act of perfect contrition which is sufficient to have our sins forgiven. It is important to note that a perfect act of contrition includes the intention to receive sacramental confession at the very first opportunity. All mortal sins, forgiven through the act of perfect contrition, must be mentioned to the priest in confession as soon as possible.

The fact that we can always make an act of perfect contrition in a situation like the COVID-19 pandemic is very consoling. At this time of plague and being unable to go to the Sacrament of Penance, Pope Francis instructs us to make a perfect act of contrition and promise God, *"I will go to confession afterward, but forgive me now. And immediately you will return to a state of grace with God."*

This generosity on the part of God has been needed at various times throughout history. In the plagues of Middle Ages, in the midst of various wars, and in places where priests were scarce, the ability to make a perfect act of contrition was a healing salve for sinners in love with God.

That same healing salve is available to all of us at this difficult time of pandemic.

### **How to Make a Perfect Act of Contrition**

1. Call to mind your sins.
2. Reflect on God's tremendous and unconditional love for you and how your sin offends that love. Express your sorrow for disappointing God.
3. Make the intention to go to sacramental confession as soon as it is possible for you with the intention of mentioning any mortal sins forgiven through your perfect act of contrition.
4. Pray an Act of Contrition.

### **Act of Contrition**

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven, and the pains of hell; but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

**St. Gall Parish Council:** Jake Druffel – Pres. – ([jjdruffel@gamil.com](mailto:jjdruffel@gamil.com)); Teri Riedner – V.P. – ([triedner@outlook.com](mailto:triedner@outlook.com)) - Jerry Weber ([jjerryweber@wsu.edu](mailto:jjerryweber@wsu.edu)); Tarrin Weber ([tarrinweber@hotmail.com](mailto:tarrinweber@hotmail.com)); Arlyce Pitzer ([gpitzer@inlandnet.com](mailto:gpitzer@inlandnet.com)), Tom Becker ([rtbecker@inlandnet.com](mailto:rtbecker@inlandnet.com)); Carisa Scharnhorst ([cscharnhorst1@gmail.com](mailto:cscharnhorst1@gmail.com)); Kyle Schultheis ([k.schultheis@hotmail.com](mailto:k.schultheis@hotmail.com))

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**St. Boniface Finance Council:** Maurice Moneymaker – ([momoneymaker@inlandnet.com](mailto:momoneymaker@inlandnet.com)); Pete Holland – ([jpstabler@inlandnet.com](mailto:jpstabler@inlandnet.com)); Tom Heitstuman – ([tom\\_Heitstuman@colton-wa.com](mailto:tom_Heitstuman@colton-wa.com)).

**Even Diamonds Start as Coal** - Is your marriage or that of a relative or friend heading for divorce? Do you know how to save that marriage/ Or do you feel helpless? Retrouvaille is designed to help troubled marriages regain their health. It helps spouses uncover or awaken the love, trust, and commitment that originally brought them together. The program is highly successful in saving hurting marriages, even bringing reconciliation to couples who have already separated or divorced. Retrouvaille is for any couple who would like to rediscover their marriage and improve communication. Visit [www.Retrouvaille.org](http://www.Retrouvaille.org) for emotional testimonials. For confidential information or to register for the February 14-16, 2020 Spokane weekend, call 509-520-4118 or 800-470-2230 or visit the web site at [www.Retrouvaille.org](http://www.Retrouvaille.org).

**St. Gall Parish Can Accept Gifts of Investment Securities:** St. Gall Parish has the ability to accept gifts of investment stocks and bonds, as well as cash. We have an account at Edward Jones which can receive these investments in-kind, and in some cases that can mean increased tax savings for the donor. A gift of a particular amount may be designated for general use or to fund a special need. If you are interested in making a gift of investment stocks, please contact your tax adviser, Fr. Joe, or a member of the St Gall Finance Council. Thank you.

#### **Family Prayer for Vocations:**

*Father, increase our family's love for one another. May we honor each other in times of happiness or hardship, bearing with one another in love, just as You love us. In a special way, help us strive for holiness in our current states of life. Should You call some of us to the priesthood or religious life, help us to respond with courage and joy. Together, we make heaven our goal, and pledge, with Your grace to help each other on life's journey to You. Through the intercession of the Holy Family: Jesus, Mary, and Joseph. Amen*

#### **PRAYER FOR PRIESTS**

*O Jesus, we pray for your faithful and fervent priests, for your unfaithful and tepid priests; For your unhappy and frustrated priests; For your priests laboring at home or abroad in distant mission fields; for your tempted priests; For your lonely and desolate priests; for your young priests; for your dying priests; the priest who baptized me, the priests who who've absolved me from my sins; the priests at whose Masses I've assisted and who've given me Your Body and Blood in Holy Communion; the priests who've taught and instructed me; all the priests to whom I am indebted in any other way, especially . . . O Jesus, keep them all close to your heart, and bless them abundantly in time and in eternity. Amen*

#### **POPE'S PRAYER INTENTION FOR APRIL:**

Freedom from addiction. We pray that those suffering from addiction may be helped and accompanied.